

# My field trip to the St. Louis Symphony Orchestra!

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**St. Louis Symphony  
Orchestra**

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I am going to an orchestra concert. A concert is a musical performance given by many musicians.

The St. Louis Symphony Orchestra is the group of musicians who will perform for us. A musician is someone who sings or plays an instrument.

To get to the concert, I will take a bus. The bus will pick me, my classmates, and my teacher up at our school.



The concert will be at The Sheldon.



When the bus pulls up to The Sheldon, a helper (also called a volunteer) will greet us and show us the way. They will stay with us until the concert begins.



As I enter the building, this is what I will see.



There will be lots of activities I can do before the concert. The activities will be in the Konneker Room and the Atrium.

These spaces may be noisy. There will be many other people coming to this concert, so it is important that I stay with my group.



**I may get to play  
instruments.**



**I can pretend I'm a  
conductor and use a  
baton to lead the  
orchestra.**





When it is almost time for the concert, our helper will lead my group to the auditorium.



**This is what we will see!**



**The auditorium is a large space with many seats and a stage where the musicians will perform.**

**An usher will take me to the seat where I will sit for the concert.**



When I get to my seat, I will sit down and patiently wait for the concert to begin. It is okay to talk during this time.

At my seat, I will find a colorful scarf. I will get to use that later on in the concert.



While I am waiting,  
I can play some fun  
games on the big  
screen.

I might see and  
hear some of the  
musicians warming  
up on stage.





I will hear an announcement when it is time for the concert to start. This is the cue for the audience to be quiet.

Then the concertmaster, a musician who plays the violin, will stand up to lead the orchestra in tuning.

Mr. Kevin is the conductor or the leader of the musicians. The concert will begin when he uses his arms to tell the musicians that it is time to begin playing.



There will be a narrator who will tell the story of *The Lion and the Mouse*. Her name is Ms. Michelle. Ms. Michelle and Ms. Sarah will also be leading the movements. I can watch either of them to know how I can participate in the concert.





The musicians will tell the story of *The Lion and the Mouse* with music. Once the music begins, I will try to be as quiet as I can so everyone can hear the music and the story.



If I want to, I can be part of the concert. I can pat, clap, or use my scarf to move with the music. I can watch Ms. Michelle or Ms. Sarah so I know what to do.



There will also be two dancers dressed like a lion and a mouse on stage who will act out the story.



Some of the music may sound scary or unsettling at times. If the music becomes too loud, hurts my ears, or makes me feel nervous, there are a few things I can do. I can...



1. Cover my ears



2. Ask for headphones

If I feel like I need to take a break from the concert, I can ask to leave the auditorium and go to the quiet room. An adult will need to go with me.

I can stay in the quiet room until I feel better and I am ready to go back to my seat in the auditorium.

# Quiet Room

If I need to use the restroom while at the concert, I will tell my teacher who will take me.





When each piece of music is finished, everyone will clap (also known as applause). Clapping is a nice way to let the musicians know that I liked the music.

After the last piece of music, when the clapping is done, that means the concert is over and it is time to get back on the bus to go back to school.



I will walk with my class to our bus, and then tell our helpers “thank you” before getting on the bus.

Back to school I go! What a great time I had going to a concert and listening to the St. Louis Symphony Orchestra.

