I Am Going to a Concert!

A social story to prepare for my visit to see the St. Louis Symphony Orchestra

Mar 24. Sun at 3:00pm

J. Scheidegger Center for the Arts at Lindenwood University

Recommended for ages 5-10



On Sunday, March 24th, I am going to an orchestra concert.

A concert is a musical performance given by many musicians. The St. Louis Symphony Orchestra is the group of musicians who will perform for me.

The concert starts at 3:00pm, but if I want to, I can arrive as early as 2:00pm to participate in the pre-concert activities.

The concert will be performed at the J. Scheidegger Center for the Arts on the campus of Lindenwood University.



There are many entrance doors to the J. Scheidegger Center for the Arts. Depending on the door I choose, I may see this ...



or this ...

When I walk into the building, I should be prepared in case it's noisy. If I see a "Headphone Zone" sign it means the area I am about to enter may be noisy.

Headphone Zone

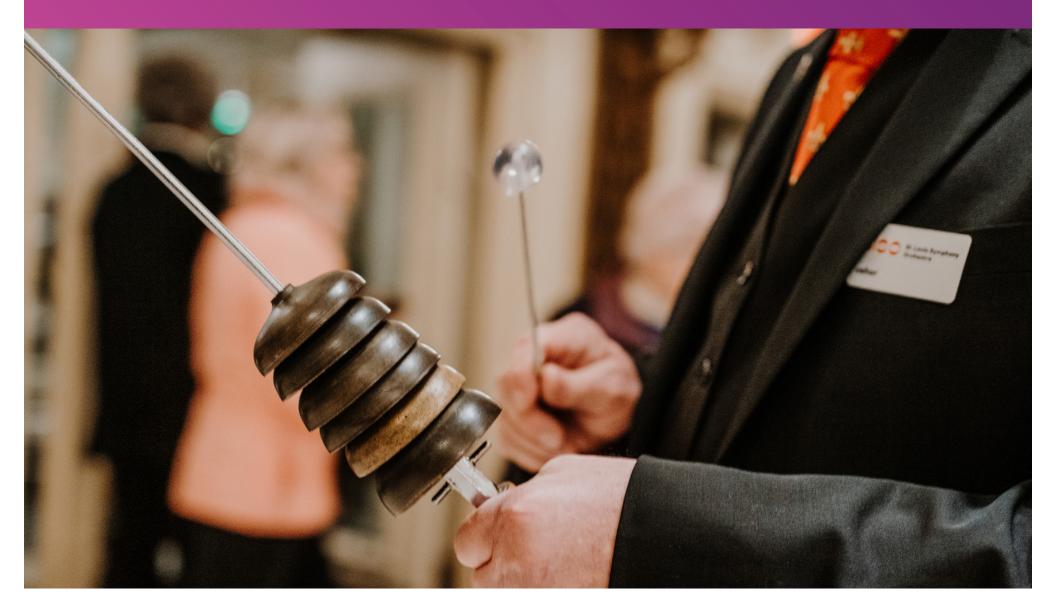
There will be many other people coming to this concert, so it is important that I stay with my family or group.



If I choose to participate in the pre-concert activities, I can take a scavenger hunt paper when I enter the building. The scavenger hunt will take me to see orchestral instruments up close, and I can participate in a movement activity with a dancer from Ballet 314.



I may participate until I hear the chimes. When I hear the chimes, it means I have ten minutes to find my seat and get ready for the concert.



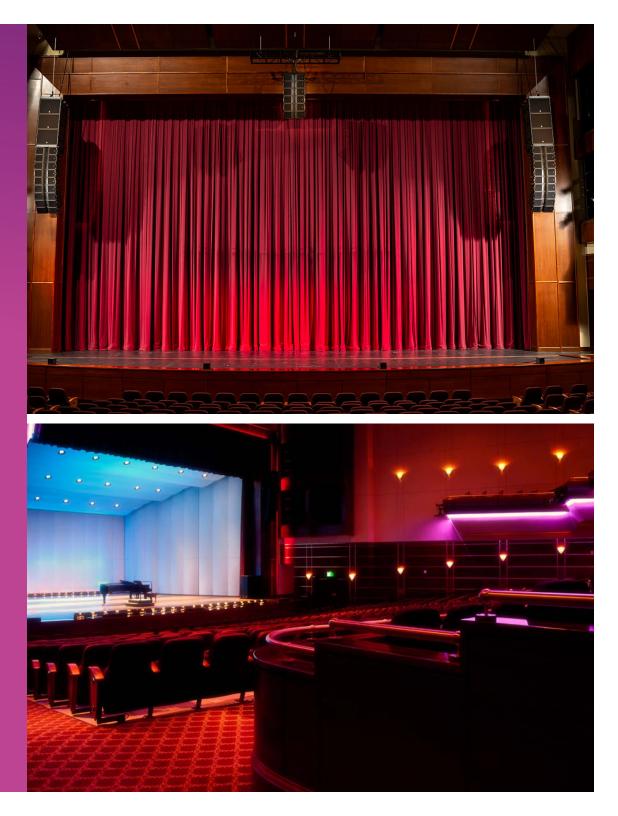
An usher will lead me to the doors to enter the auditorium when it is time to find my seat. An auditorium is another word for a concert hall. Before l enter, the usher will scan my ticket.



This is what I will see!

The auditorium is a large space with many seats and a big stage where the musicians will perform.

An usher will take me to the seat where I will sit for the concert. The usher will also hand me a program. A program is a piece of paper that tells me the names of the pieces of music that I will hear at the concert.





When I get to my seat, I will sit down and patiently wait for the concert to begin. While I am waiting, I might see and hear some of the musicians warming up on stage.

Trivia questions will be projected on a screen above the stage. If I know the answer, I can quietly tell the person sitting next to me. This is also a good time to look at my program.





I will hear an announcement at the start of the concert. This is my cue to be quiet. Then the concertmaster, a musician who plays the violin, will come on stage. I will clap for the concertmaster. Then they will lead the orchestra in tuning.

The concert will begin when the conductor, who is the leader of the musicians, comes on the stage. I can clap for the conductor. His name is Jason.

There will also be a host. Her name is Rachel.



The musicians will perform music written for different styles of dance. I will see dancers from Ballet 314 during the performance. If I want to, I can dance too! I can follow the instructions of the host and move to the music.





Once the music begins, I will try to be as quiet as I can so everyone can hear the music.

If the sound in the auditorium becomes too loud, hurts my ears, or makes me feel nervous, there are a few strategies I can use. I can...



1. Cover my ears

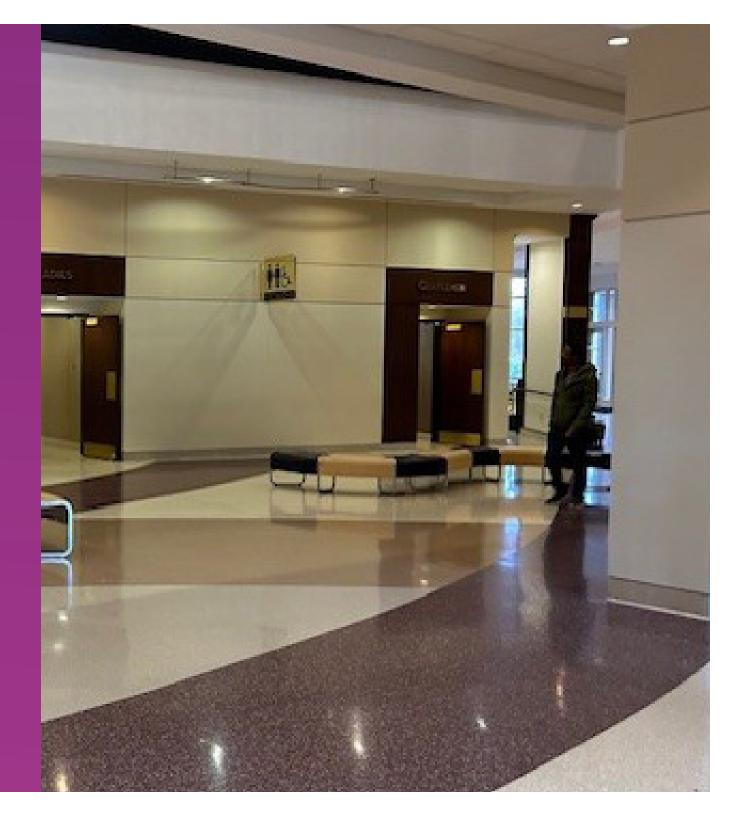
2. Ask for headphones

If I feel like I need to take a break from the concert, I can ask to leave the auditorium and go to the quiet room. An adult will need to go with me.

I can stay in the quiet room until I feel better, and I am ready to go back to my seat.

Quiet Room

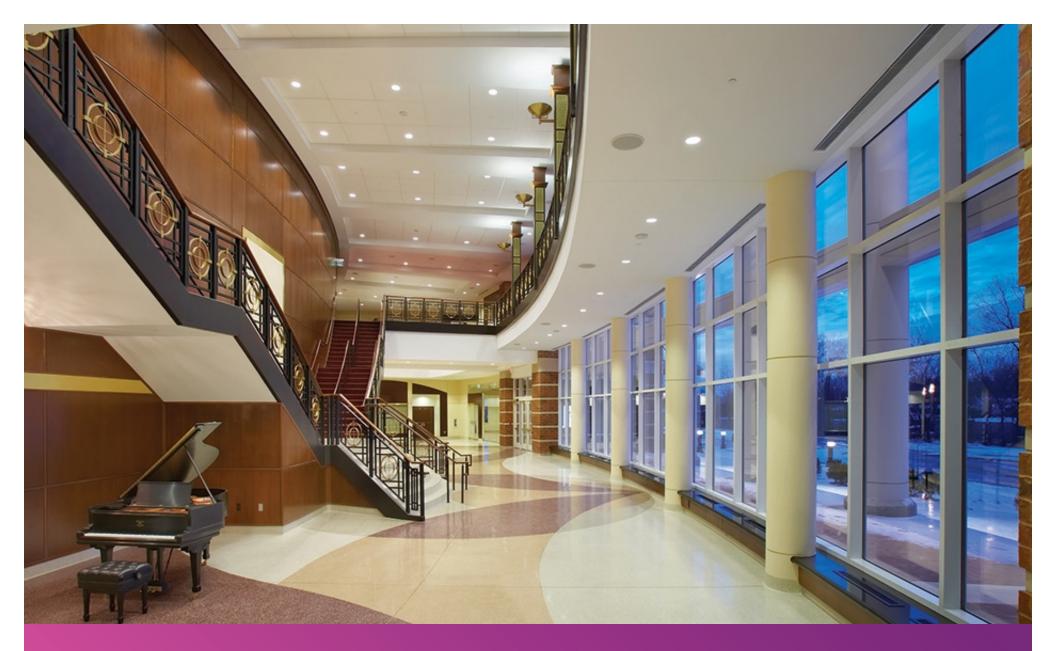
If I need to use the restroom while I am at the concert, I will tell an adult who will take me.





When each piece of music is finished, everyone will clap (also known as applause). Clapping is a nice way to let the musicians know that I liked the music.

The concert will last about 45 minutes. After the last piece of music, when the clapping is done, the concert is over.



I will leave the auditorium and exit the Scheidegger Center through the same doors I came in.

What a great time I had going to a concert and listening to the music of the St. Louis Symphony Orchestra.

