

Creative Prompt: Letter to Yourself

The Music: Kris Bowers, *For a Younger Self* Violin Concerto – Movement 1, Moderato ma non troppo

YouTube: <https://bit.ly/4uvKQUt> Spotify: <https://bit.ly/4fuSjiO> Apple Music: <https://bit.ly/43l4aZx>

The Creative Prompt: Write a 150-word (maximum) letter to your younger or future self. This piece of writing should be inspired by and connect to your interpretation of the emotion or emotions of the music.

Requirements:

Your letter should be no more than 150 words.

Self-Reflection:

The reader should learn something about you when they read your writing. Once you've created your draft, take a moment to reflect on your work. Read the two questions below and make sure you can confidently answer yes to both. If not, go back and make revisions before submitting.

Do you think the viewer will learn something about you when they read your writing?

- If yes, what will they learn?
- If no, what can you change so that they learn something about you?

Do you think that the emotion of the music is reflected in your writing?

- If yes, describe at least one emotion and how you incorporated it into your art.
- If no, what can you change so that the emotion of the music comes through?

Brainstorming Framework: Letter to Yourself

Listen to the music again and review your Adjective Circles worksheet and any free writing or drawing you’ve done so far. Then, in two minutes or less, jot down 5-6 ideas (one in each box below) in response to this question:

Reflecting on the emotions you identified in the music, what are some other experiences you’ve had that have evoked similar emotions?

Share your ideas with at least one classmate. Ask them to circle an idea they really like, write a question about at least one idea, and add a “what if” statement to at least one idea.